Coach Fikis is in his fifth season as the coach of the Bears. He has been coaching hockey for 45 years and has had the pleasure of seeing a number of players enter the NHL. From 2011-2013, Coach Fikis was an Assistant Coach at Colorado State.

Coach Fikis was head coach at the University of Colorado for seven years, winning a Division II National Championship in 2003 and was named ACHA Division II Coach of the Year. In 2009, he led the Buffaloes to a Final Four appearance, losing to the eventual national champions from Davenport University.

Prior to being in Colorado, he was involved with high school hockey in Illinois for 25 years as a coach, head of high school hockey, and a member of the State Board. He was inducted into the Illinois Hockey Hall of Fame in 2008.

He has been heavily involved with USA Hockey for the past 30 years, by being a member of the Board of Directors in 2007-08, Assistant Director/Rink Coordinator for USA Select Camps/Chicago and Pittsburgh High School Showcases/USA National HS Tournaments.

Coach Fikis lives in Thornton, Colorado with wife Cara. He has four sons and eight grandchildren.